



# K2 College Prep/Premier Programs 2023-2024

## College Prep Program

The College Prep Program is designed to prepare athletes for the collegiate experience ahead. All College Prep teams will have 3 practices per week and positional training within their practice. Teams 15U and up will be required to participate in K2's D1's Strength, Speed and Agility Training 2 times per week. All teams will participate in 10-12 open level tournaments within the season with AAU nationals being their last event. Teams 14U and up will also participate in the Mid-East Power League. Jason Hames is the master coach and will oversee/lead all practices.

**12U-18U \$50 Tryout Fee, \$200 Commitment Fee, \$4200-\$6000 Program Cost**

**New this Year: Uniform package is included in cost: 4 jerseys, 2 T-shirt jerseys, 3 pairs of spandex, 2 practice shirts, warm-ups (hoodie and pants), backpack, 6 pairs of socks, 2 pairs of kneepads and 2 pairs of shoes**

## K2 Premier Program

Any athlete not chosen for a College Prep team will be placed in the Premier Program unless K2 refers that athlete to Local. The Premier Travel season will run Nov-June. Teams will have 3 practices per week and positional training within their season. Teams will participate in 10-12 premier/club level tournaments (depending on the strength of team). Teams 13U and up will participate in the Southeast Power League. Premier players will have the option of adding K2's Strength, Speed and Agility Training for an additional fee. Chris Hames along with her staff will master coach and will oversee/lead all practices.

**12U-18U \$50 Tryout Fee, \$200 Commitment Fee, \$3300-\$4950 Program Cost**

**New this Year: Uniform package is included in cost: 3 jerseys, 2 T-Shirt Jerseys, 2 pairs of spandex, 2 practice shirts, warm-ups (hoodie and pants), backpack, 6 pairs of socks, 2 pairs of kneepads and 1 pair of shoes**

## K2 College Prep/Premier Tryout Schedule

<p><b>12 &amp; UNDER:</b></p> <ul style="list-style-type: none"> <li>• Saturday, October 21st - 9:00AM - 10:30AM</li> <li>• Monday, October 23rd - 6:30PM - 8:00PM</li> </ul>	<p><b>15U:</b></p> <ul style="list-style-type: none"> <li>• Sunday, October 2nd - 1:00PM - 2:30PM</li> <li>• Tuesday, October 24th - 6:30PM - 8:00PM</li> <li>• Thursday, October 26th - 6:30PM - 8:00PM</li> </ul>
<p><b>13U:</b></p> <ul style="list-style-type: none"> <li>• Saturday, October 21st - 11:00AM - 12:30PM</li> <li>• Monday, October 23rd - 6:30PM - 8:00PM</li> </ul>	<p><b>16U:</b></p> <ul style="list-style-type: none"> <li>• Sunday, October 22nd - 3:00PM - 4:30PM</li> <li>• Wednesday, October 25th - 4:30PM - 6:00PM</li> <li>• Friday, October 27th - 4:30PM - 6:00PM</li> </ul>
<p><b>14U:</b></p> <ul style="list-style-type: none"> <li>• Saturday, October 21st - 1:00PM - 2:30PM</li> <li>• Tuesday, October 24th - 4:30PM - 6:00PM</li> <li>• Thursday, October 26th - 4:30PM - 6:00PM</li> </ul>	<p><b>17U &amp; 18U:</b></p> <ul style="list-style-type: none"> <li>• Sunday, October 22nd - 5:00PM - 6:30PM</li> <li>• Wednesday, October 25th - 6:30PM - 8:00PM</li> <li>• Friday, October 27th - 6:30PM - 8:00PM</li> </ul>

**TEAM PLACEMENT EMAIL SENT: SATURDAY, OCTOBER 28TH**

**COMMITMENT DAY & UNIFORM TRY-ON: SUNDAY, OCTOBER 29TH (SEE TIMES BELOW)::**

**12U & 13U: 1:00PM - 2:30PM | 14U & 15U: 2:30PM - 4:00PM | 16U, 17U, & 18U: 4:00PM - 5:30PM**

**\$200 COMMITMENT FEE DUE FOR ALL TRAVEL ELITE PLAYERS ON OCTOBER 29TH**

**UNIFORM ORDERING OCTOBER 30TH - NOVEMBER 2ND**

**FIRST PRACTICE: WEDNESDAY, NOVEMBER 1ST**

K2 VOLLEYBALL CLUB IS AN UNCOMMON PLACE FOR UNCOMMON PEOPLE. SINCE 2009 WE HAVE DEVELOPED ATHLETES IN A CULTURE OF DISCIPLINE, SACRIFICE, HARD WORK, AND SELF RELIANCE. OUR TRAINING IS NEVER COMPLETE, OUR METHODS OF TRAINING ARE ALWAYS EVOLVING AND IMPROVING

## WINTER AND SPRING GIRLS LOCAL PROGRAMS 2023-2024

**WINTER LOCAL SEASON:** The Local Winter Season will run from the beginning of November through mid-February. Teams will have two practices per week, mostly on Monday and Friday with a few teams practicing Tuesday and Thursday (days may be altered). Teams will participate in four club level tournaments locally as well as partake in at least one local scrimmage held by K2 Volleyball Club. Master coaches will oversee all practices.

### FEES:

- **TRYOUT FEE: \$50**
- **COMMITMENT FEE: \$100 DUE SATURDAY NOVEMBER 11TH**
- **PROGRAM COST: WINTER ONLY-\$1615 | SPRING ONLY-\$1450 | BOTH SESSIONS - \$2450**
  - **COST INCLUDES UNIFORM FEES!**
    - Uniforms include: 2 Jerseys, 1 Pair of Spandex, 1 Practice Shirt, 6 Pairs of Socks, 1 Pair of Knee Pads, and 1 Pair of Shoes

### TRYOUT INFORMATION:

#### 10U-12U:

- Saturday, November 4th - 9AM - 10:30AM
- Monday, November 6th - 4:30PM - 6PM

#### 15U:

- Sunday, November 5th - 1PM - 2:30PM
- Tuesday, November 7th - 6:30PM - 8PM

#### 13U:

- Saturday, November 4th - 11AM - 12:30PM
- Monday, November 6th - 6:30PM - 8PM

#### 16U:

- Sunday, November 5th - 3PM - 4:30PM
- Friday, November 10th - 4:30PM - 6PM

#### 14U:

- Saturday, November 4th - 1PM - 2:30PM
- Tuesday, November 7th - 4:30PM - 6PM

#### 17U & 18U:

- Sunday, November 5th - 5PM - 6:30PM
- Friday, November 10th - 6:30PM - 8PM

**UNIFORM TRY/ON COMMITMENT DAY NOVEMBER 11TH - COMMITMENT FEE DUE!**

**13 & UNDER: 9AM - 10:30AM**

**14U & 15U: 10:30AM - 12PM**

**16U, 17U, & 18U: 12PM - 1:30PM**

**TEAM PLACEMENT EMAIL SENT: NOVEMBER 12TH**

**ONLINE UNIFORM ORDERING: NOVEMBER 12TH - NOVEMBER 15TH**

**FIRST LOCAL PRACTICE: NOVEMBER 17TH**

## COMMIT FOR BOTH WINTER AND SPRING SESSION AND SAVE!

**SPRING LOCAL SEASON:** The local Spring Season will run from the beginning of March through mid-May. Teams will have two practices per week, mostly on Monday and Friday with a few teams practicing Tuesday and Thursday (days may be altered). Teams will participate in four club level tournaments locally.

**NEW PLAYERS: TRYOUT FEE - \$50 | COMMITMENT FEE - \$100 | PROGRAM COST - \$1450**  
**PROGRAM COST INCLUDES UNIFORM FEES!**

**TRYOUT INFORMATION FOR THE LOCAL SPRING SEASON TBA**

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## K2 WINTER 2023 NON-TRAVEL PROGRAM OPTIONS

### **K2 WINTER VOLLEY TOTS 2023:**

Volley Tots is our most fun adventure in years! Tots is designed to teach BOYS & GIRLS ages 3-8 the FUNdamentals of volleyball. Through drills using scooters, ladders, and large soft volleyballs, kids will increase foot speed, develop hand-eye coordination, and engage in social activities. Come join the fun!

**COST: \$90.00 (Includes a t-shirt)**

**PRACTICE TIME: 12:30 PM - 1:30 PM**

**DATES:**

- **NOVEMBER 12TH**
- **NOVEMBER 19TH**
- **NOVEMBER 26TH**
- **DECEMBER 3RD**

### **K2 WINTER ACADEMY 2023:**

The K2 Volleyball Academy is a great program for beginner to intermediate level players. The academy is a 6 week immersive program which will include players Kindergarten through 12th grades. Sessions will be held on Sundays. Every player will go through a 50 minute master coaching session of all volleyball skills with kids of their own age and skill level. K2 will then divide players up to scrimmage and play the last 40 minutes.

**COST: \$200.00 (Includes a t-shirt)**

**PRACTICE TIME: 2:00 PM - 3:30 PM**

**DATES:**

- **NOVEMBER 12TH**
- **NOVEMBER 19TH**
- **NOVEMBER 26TH**
- **DECEMBER 3RD**
- **DECEMBER 10TH**
- **DECEMBER 17TH**

### **K2 WINTER ADVANCED**

#### **ACADEMY 2023:**

The K2 Volleyball Advanced Academy is a perfect program for the intermediate to advanced level player. The Advanced Academy is a 6 week program which will include players 4th through 12th grade. Sessions will be held on Sundays. Every player will go through a 50-60 minute master coaching session of advanced volleyball skills. Formatting is similar to academy, but faster paced and more advanced. Attendees will then play a match with their teams against other advanced academy teams.

**COST: \$300.00 (Includes a t-shirt)**

**PRACTICE TIME: 4:00 PM - 6:00 PM**

**DATES:**

- **NOVEMBER 12TH**
- **NOVEMBER 19TH**
- **NOVEMBER 26TH**
- **DECEMBER 3RD**
- **DECEMBER 10TH**
- **DECEMBER 17TH**



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## **PAYMENT BREAKDOWN EXAMPLES:**

### **COLLEGE PREP 2023-2024**

Single Payment: \$4200-\$6000

8 Month Payment Plan: \$546-\$780 - 8 EQUAL payments

### **PREMIER 2023-2024**

Single Payment: \$3300-\$4950

8 Month Payment Plan: \$429-\$643.50 EQUAL Payments

### **WINTER LOCAL 2023-2024**

Single Payment: \$1680

4 Month Payment Plan: \$1712 = \$417 - 4 EQUAL payments

### **SPRING LOCAL 2023-2024**

Single Payment: \$1480

4 Month Payment Plan: \$1520 = \$380 - 4 EQUAL payments

### **FULL SEASON LOCAL 2023-2024**

Single Payment: \$2450

7 Month Payment Plan: \$364 - 7 EQUAL Payments

**PAYMENT PLANS INCUR PAYMENT PLAN &  
INSTALLMENT FEES**